RESEARCH ARTICLE

Dehydration Kinetics of Sibutramine Hydrochloride Monohydrate[†]

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Abstract: Sibutramine hydrochloride (SH) is used for the treatment of obesity. The comprehensive physical characterization of drug and drug product is gaining importance due to the potential impacts of phase transitions on the drug product's quality and performance. In this work, the kinetics of dehydration of SH-monohydrate were studied using thermogravimetry-differential thermal analysis (TG-DTA) and the solid-state characterization was done by using differential scanning calorimetry (DSC), powder x-ray diffraction (PXRD) and scanning electron microscopy (SEM). The weight loss data obtained from thermogravimetry (TG) was used for non-isothermal kinetics analysis and the well accepted Coats-Redfern model fitting approach was applied to determine kinetic parameters. Total thirteen solid state reaction models were evaluated, diffusion control (Crank) model found to be the best fit model for this reaction with an excellent correlation 0.9984. The values of Arrhenius parameters, activation energy (E_a) and pre-exponential factor (A) were found to be 34 kcal/mol and 3.23x10¹⁶ sec⁻¹ respectively. The dehydration of SH Monohydrate resulted anhydrous SH with a distinct x-ray diffraction profile and crystal morphology.

Keywords: Dehydration, Sibutramine hydrochloride, Model fitting, Kinetics, PXRD, TG, DSC

Introduction

Active pharmaceutical ingredients (APIs) are known to exist in different solid forms, namely polymorphs, hydrate/solvates and amorphous forms. About one third of APIs are able to form hydrates, the molecular adducts of API with water^{1,2}. Operational conditions and manufacturing process may change the hydration state of an API, which might impact dissolution rate, stability, drug assay and bioavailability³. In view of increasing regulatory concern related to solid form of the drug substance, it is highly important to understand the physical stability and inter-convertibility of the drug solid forms⁴⁻⁶. Therefore, through understanding of the kinetics of solid state reactions of drug substance leaves an opportunity to prevent and to have control over the consequent physical changes, which may occur during manufacturing process and shelf life of drug product.

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Experimental

Mettler Toledo TGA/SDTA (Model 851^e) with STARe software was used for recording and processing TG-DTA thermogram of SH monohydrate. Accurately weighed powder of 15.8240 mg was taken into an aluminum pan (100 μ L), heated at a programmed rate of 5 ^o C/min in the temperature range from 25^o to 150 ^oC under nitrogen flow of 50 mL/min.

In the present work, the dehydration of sibutramine hydrochloride (SH) monohydrate, chemically, is a racemic mixture of the (+) and (-) enantiomers of cyclobutanemethanamine, 1-(4-chlorophenyl)-*N*,*N*-dimethyl- α -(2-methylpropyl)-, hydrochloride, monohydrate, represented in Figure 1, was studied by thermogravimetry-differential thermal analysis (TG-DTA). API of SH is used for the treatment of obesity. Studies connected to crystal chemistry and decomposition kinetics of SH-monohydrate have been reported^{7,8}, but a thorough review revealed that there were no attempts made in relation to the study of dehydration kinetics of SH monohydrate in the published literature.



Figure 1. Molecular structure of SH-monohydrate

TG is often used to study the kinetics of solid state reactions involving weight change during reaction^{9,10}. Some examples of such reactions include thermal decomposition, oxidation and dehydration or desolvation. In this work model fitting approach was applied on the collected weight loss data using Coats-Redfern method^{11,12}. Physical characterization of SH-monohydrate and SH-anhydrous was done using differential scanning calorimetry (DSC), powder x-ray diffraction (PXRD) and scanning electron microscope (SEM).

Mathematical

General form of rate equation of solid state reactions used for isothermal analysis is

$$\frac{dx}{dy} = k(T)f(\alpha) \tag{1}$$

Where α is the extent of reaction, *t* is the time, *T* is the temperature and *f* (α) is reaction model. For the current dehydration study:

$$\alpha = \frac{W_o - W_t}{B_o W_o} \tag{2}$$

Where $w_{o_t} w_t$ and B are the initial mass of the sample, the mass at time t and the fraction of weight loss for complete dehydration of the reaction, respectively. Integral form of above equation (1) is

$$g(\alpha) = kt, with g(\alpha) = \int_0^\alpha \frac{1}{f(\alpha)} d\alpha$$
(3)

According to Arrhenius equation

$$k = Ae \frac{-Ea}{RT} \tag{4}$$

Where k, E_a and A are the rate constant, the activation energy and the pre-exponential factor, respectively.

$$g(\alpha) = Ae \frac{-Ea}{RT}t$$
(5)

Under non-isothermal conditions integral form of the above equation is

$$g(\alpha) = \frac{A}{\beta} \int_0^T e \frac{-Ea}{RT} dt$$
(6)

Where β is heating rate

If $\frac{Ea}{RT}$ is replaced by a variable *x*, the above temperature integral equation (6) becomes

$$g(\alpha) = \frac{AEa}{BR} \int_{x}^{\infty} \frac{e^{-x}}{x^{2}} dx$$
(7)

If $p(x) = \int_{x}^{\infty} \frac{e^{-x}}{x^{2}}$, then above equation (7) becomes

$$g(\alpha) = \frac{AEa}{\beta R} p(x) \tag{8}$$

Where, p(x) is the exponential integral, it has no analytical solutions but has many approximations¹³. The above equation can be used for several model fitting methods for the analysis of non-isothermal kinetics. Model-fitting approach involves fitting different models to α -temperature curves. In this study popular Coats-Redfern method was used in which the asymptotic series expansion for approximating the above equation 8 is used to get the following equation:

$$\ln \frac{g(\alpha)}{T^2} = \ln \left[\frac{AR}{\beta Ea} \left(1 - \frac{2RT}{Ea} \right) \right] - \frac{Ea}{RT}$$
(9)

Where, *T* is the mean experimental temperature. The values of E_a and *A* can be obtained from slope and Intercept values respectively from the graph plotted for $\ln \frac{g(\alpha)}{T^2}$ versus *l/T*

for different models.

Powder x-ray diffraction (PXRD)

Powder x-ray diffractograms of SH monohydrate and SH anhydrous (Obtained after dehydration of SH monohydrate) were collected on Bruker Powder x-ray diffractometer (Model D8 ADVANCE). Peak position accuracy and relative intensity was checked using NIST standard reference material 1976a (Corundum). The x-ray tube was operated at a voltage of 40 kV and current of 40 mA. Each diffraction profile was collected in continuous mode and in the scan range of 3° to 45° 20 with a step size of 0.01° 20 and with a time per step of 0.1 sec. PMMA (Poly-methyl methacrylate) sample holder (Ø 25 mm) was used for the specimen preparation. Top loading method was followed. Data acquisition and analysis were performed on Bruker's XRD commander and Eva software respectively.

Differential scanning calorimetry (DSC)

Mettler Toledo DSC (Model-821^e) with STARe software was used for recording and processing DSC thermograms of SH monohydrate. Accurately weighed powder was taken into a closed aluminum pan (40 μ L), heated at a programmed rate of 10 ^oC/min in the temperature range from 25^o to 220 ^oC under nitrogen flow of 40 mL/min. Empty aluminum pan was used as a reference.

Scanning electron microscopy (SEM)

The SEM images of SH monohydrate and SH anhydrous (Obtained from dehydration of SH -monohydrate) were collected using JEOL scanning electron microscope (Model JSM-6380). The powders were mounted onto aluminum stubs with the help of double sided adhesive carbon tape (Nissin EM Co. Ltd., Tokyo) then the powders were sputter coated with Platinum under vacuum by using JEOL auto fine coater (Model JFC-1600). The specimens were directly observed under microscope at a magnification of 500 X.

Results and Discussion

Thermogravimetry-differential thermal analysis (TG-DTA)

The TG-DTA thermogram was represented in Figure 2. The weight loss due to dehydration was observed till about 95 °C, the weight loss value found to be about 5.4649% w/w. The data was subjected to model fitting kinetics analysis.



Figure 2. Overlaid thermogram of TG (----) graphs of SH-monohydrate.

Kinetics analysis of TG data

Using various expressions for $g(\alpha)$ in equation 9 Arrhenius parameters were calculated from the plot of $\ln \frac{g(\alpha)}{T^2}$ against 1/T for $0 \le \alpha \le 1$. The combined graphs of all thirteen models were

represented in Figure 3. The set of calculated Arrhenius parameters for dehydration of SH monohydrate are listed in Table 1. For each model, goodness fit was determined by the correlation value, represented in Table 1. The first six reaction models have very small values of pre-exponential factor demonstrating that these models cannot explain the reaction kinetics. Among the remaining models, diffusion control (Crank) model has got maximum correlation of 0.9984. Thus this model could explain the dehydration reaction of SH-monohydrate and the calculated activation energy and pre-exponential factor for this model were 34 kcal/mol and 3.23×10^{16} sec⁻¹ respectively.

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Reaction Model	$f(\alpha)$	g(a)	Ea kcal/mol	A sec ⁻¹	-R
Nucleation models					
Power Law	$4\alpha^{3/4}$	$\alpha^{1/4}$	2	0.01	0.9957
Power Law	$3\alpha^{2/3}$	$\alpha^{1/3}$	4	0.03	0.9968
Power Law	$2\alpha^{1/2}$	$\alpha^{1/2}$	1	0.00	0.9730
I Ower Law	$\frac{20}{4(1 - \alpha)}$	U.	1	0.00	0.7757
Avrami-Erofeev	$4(1-\alpha)$ [-ln(1- α)] ^{3/4}	$[-\ln(1-\alpha)]^{1/4}$	4	0.06	0.9820
Avrami-Erofeev	$3(1-\alpha)$ [-ln(1- α)] ^{2/3}	$[-\ln(1-\alpha)]^{1/3}$	6	0.91	0.9846
Avrami-Erofeev	$2(1-\alpha)$ $[-\ln(1-\alpha)]^{1/2}$	$[-\ln(1-\alpha)]^{1/2}$	9	1.95×10^{2}	0.9866
Diffusion models					
One dimensional Diffusion	$1/2 \alpha^{-1}$	α^2	29	2.46x10 ¹⁴	0.9983
Diffusion control (Janders)	$2(1-\alpha)^{2/3}$ [1-(1-\alpha)^{1/3}] ⁻¹	$[1-(1-\alpha)^{1/3}]^2$	37	2.47×10^{18}	0.9959
Diffusion control (Crank)	$3/2[(1-\alpha)^{-1/3}-1]^{-1}$	$1-2/3 \Box \alpha - (1-\alpha)^{2/3}$	34	3.23x10 ¹⁶	0.9984
Reaction order and geometrical contraction models					
Mampel			• •		
(first order)	$1-\alpha$	$[-\ln(1-\alpha)]$	20	1.24×10^{5}	0.9883
Second Order	$(1-\alpha)^2$	$(1-\alpha)^{-1}-1$	29	9.73×10^{14}	0.9478
Contracting cylinder	$2(1-\alpha)^{1/2}$	$1 - (1 - \alpha)^{1/2}$	17	3.42×10^{6}	0.9977
Contracting Sphere	$3(1-\alpha)^{2/3}$	$1 - (1 - \alpha)^{1/3}$	18	1.14×10^{7}	0.9956
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1/T, K ⁻¹					

Table 1. The evaluated solid state reaction models and corresponding calculated values of

 Arrhenius parameters for the dehydration kinetics of sibutramine hydrochloride monohydrate

Figure 3. A combined graph representing total thirteen solid-state reaction models, evaluated according to the equaton-9

Powder x-ray diffraction (PXRD)

An overlay of powder x-ray diffractograms of SH monohydrate and SH anhydrous (Obtained from dehydration of SH monohydrate) was represented in Figure 4. The data indicates occurrence of different crystalline phase after dehydration.



Figure 4. Overlay of PXRD profiles of SH-monohydrate and Anhydrous obtained from dehydration of SH-monohydrate

Differential scanning calorimetry (DSC)

The DSC thermogram represents a dehydration endotherm of SH-monohydrate at about 100 °C followed by a melting endotherm of SH-anhydrous form at about 195 °C. The DSC thermogram was represented in Figure 5.



Figure 5. DSC thermogram of SH-monohydrate: Dehydration endotherm followed by melting endotherm

Scanning electron microscopy (SEM)

Morphological changes associated with increase in crystallite size were evident from SEM images of SH-Monohydrate powder before and after dehydration. Figure 6 represents the SEM images of SH Monohydrate and SH anhydrous (Obtained from dehydration of SH monohydrate).



Figure 6. SEM images of SH-monohydrate (left) and SH-anhydrous (right)

Conclusion

Thermal analysis (TG-DTA and DSC) of sibutramine hydrochloride monohydrate is used to understand dehydration kinetics and subsequent changes. Non-isothermal kinetics analysis was successfully performed on TG data for $0 \le \alpha \le 1$, *i.e.* till 95 °C, where the dehydration reaction was completed. The dehydration of SH-monohydrate could best be explained by diffusion control (Crank) model. The calculated activation energy (*Ea*) and pre-exponential factor (*A*) values for that model were found to be 34 k.cal/mol and 3.23×10^{16} sec⁻¹, respectively. Dehydration of SH-monohydrate resulted in morphological changes associated with increase in particle size and the crystallographic changes were confirmed by using PXRD analysis.

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